



April

Outdoor Art Class

Tuesdays 20 April - 29 June • 1pm

£3 per week (£5 with art pack)

We'll be taking our art class into the great outdoors where participants can learn new ways of painting, drawing and mark-making inspired by the unique Poplar landscape.

You Can Art

Tuesdays 20 April - 4 May • 10am • Via Zoom

Free

A creative three week online workshop for parents/carers that gives you time to relax and reset. All materials are provided & no art experience needed!

Live in the Library: MIZM

Friday 23 April • 7.30pm

Free

Live music every Friday night, livestreamed on YouTube Twitch and FaceBook.

Family Nature Trail with Sunny Jar Eco Hub

Saturday 24 April • 11am

£5 per child

Enjoy a spring nature trail with Sunny Jar gathering treasures along the way to make earth-friendly crafts and creations!

Pigfoot Theatre presents: How to Save a Rock

Sunday 25 April • 10am • Via YouTube

Pay what you feel

A bike-powered digital family comedy show about how to still have hope, whilst saving the last polar bear on earth.

Live in the Library: SaloneSounds present: Selenks Dj Set

Friday 30 April • 7.30pm

Free

Selenks brings the heat with a DJ set showcasing his unique blend of English with his native Krio language, fusing Afrobeats with Rap, Grime, Dancehall and R&B.

May

POPLARISM! Digital Festival

Saturday 1- Sunday 2 May • Via YouTube

Free

Poplar Union and Finborough Theatre have joined forces to bring you Poplarism!; a 2-day digital arts festival celebrating Poplar's radical political history and the centenary of the revolutionary Poplar Rates Revolt of 1921.

Tower Hamlets Family Meet Up

Thursday 6 May • 10am & 12pm

Free

Enjoy a friendly boost of positivity to help you along your journey through pregnancy and parenthood in this monthly meet up.

Live in the Library:

Movimientos presents: Los Lokandes

Friday 7 May • 7.30pm

Free

Movimientos takes over the stage showcasing the rich current UK-Latinx scene.

Tagore's birthday Celebrations with Anandahara Art

Saturday 8 May • 4.30pm

Free

Anandahara Arts presents an afternoon of song, dance, poems and talks celebrating the Birthday of Tagore.

Live in the Library: Remembering

Friday 14 May • 7pm

Free

Join Jaka Škapin and a number of England's most prominent vocal artists in an evening of collaborative vocal improvisation for a special Live in the Library session at Poplar Union.

Line Dancing

Mondays 17 May - 28 June • 1pm

£3

Join Lyn Hill in these friendly, fun weekly line-dancing classes for 55+ year olds and learn the dance craze that swept the nation. Make new friends, keep fit and most of all, have fun!

POP-Corn presents:

film screening + Q&A

Disclosure

(honouring IDAHOBIT)

Monday 17 May • 7pm • Via Zoom

Free (Donations to MindOut)

In celebration of IDAHOBIT 2021, we will be screening Sam Feder's 2020 documentary, Disclosure. Followed by a panel discussion chaired by Darkwah of Haus of Darkwah.

Zumba

Mondays 17 May - 28 June • 6.30pm

£3

Weekly Zumba classes with Talia to get you active this spring!

Yoga

Mondays 17 May - 28 June • 7.45pm

£5 / £3 conc.

Sarah Anderson will be teaching Vinyasa flow every Monday balancing your body and mind.

Live in the Library: Re:Gen Band

Friday 21 May • 7.30pm

Free

A hybrid of instrumentalists and jazz players who share a love of traditional music forms from Bengal to the Caribbean via West Africa.

The Wardrobe present:

The Open Door Cabaret

Saturday 22 May • 12pm & 2pm

Free

Come and discover a family friendly, socially distanced afternoon of comedians and magicians to delight and amaze!

Live in the Library:

Jali Bakary Konteh

Friday 28 May • 7.30pm

Free

Kora player, Jali, will be playing a beautiful live set at Poplar Union as the sun sets.

JUNE

Kids Drama Club

Tuesdays 1 June - 29 June • 4pm
£3

Drama club is back! Led by international actor and director, Claudio Carta, these sessions are all about creativity, individuality and empowerment through fun and play for 6-10 year-olds.

Sensory Exploration

Tuesdays 1 June - 29 June • 10am
£5 / £3 conc. (parent & baby)

Through play, movement and music, your little'uns will have the opportunity to activate their senses, tickle their creativity and stretch their imagination.

Live in the Library: **Movimientos**

Friday 4 June • 7.30pm
Free

Movimientos takes over the stage showcasing the rich current UK-Latinx scene.

Tower Hamlets Family Meet Up

Thursday 3 June • 10am & 12pm
Free

Enjoy a friendly boost of positivity to help you along your journey through pregnancy and parenthood in this monthly meet up.

Live in the Library: **Amith Dey**

Friday 11 June • 7.30pm
Free

Vocalist and keyboard player, Amith Dey, and tabla player, Sandyman, perform a fusion set of Indian semi classical, Bangla folk, Bangla pop & Bollywood with western influences.

Moon on a Stick present: **Baby Bear**

Saturday 21 June
11am & 3pm (toddler showing)
12pm & 2pm (baby showing)
£5 per child




Join Baby Bear for a story of courage and curiosity, exploring nature and wildlife in an uplifting, beautiful and comical theatre production for babies, toddlers and their families.




Live in the Library: **Lyn**

Friday 25 June • 7.30pm
Free

Local favourite, Lyn, brings her original blend of soulful reggae to a sunset evening.

Contact:

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Keys

-  Classes & Workshops
-  Health & Wellbeing
-  Kids & Family
-  Neighbourhood
-  Music & Dance
-  Theatre & Film