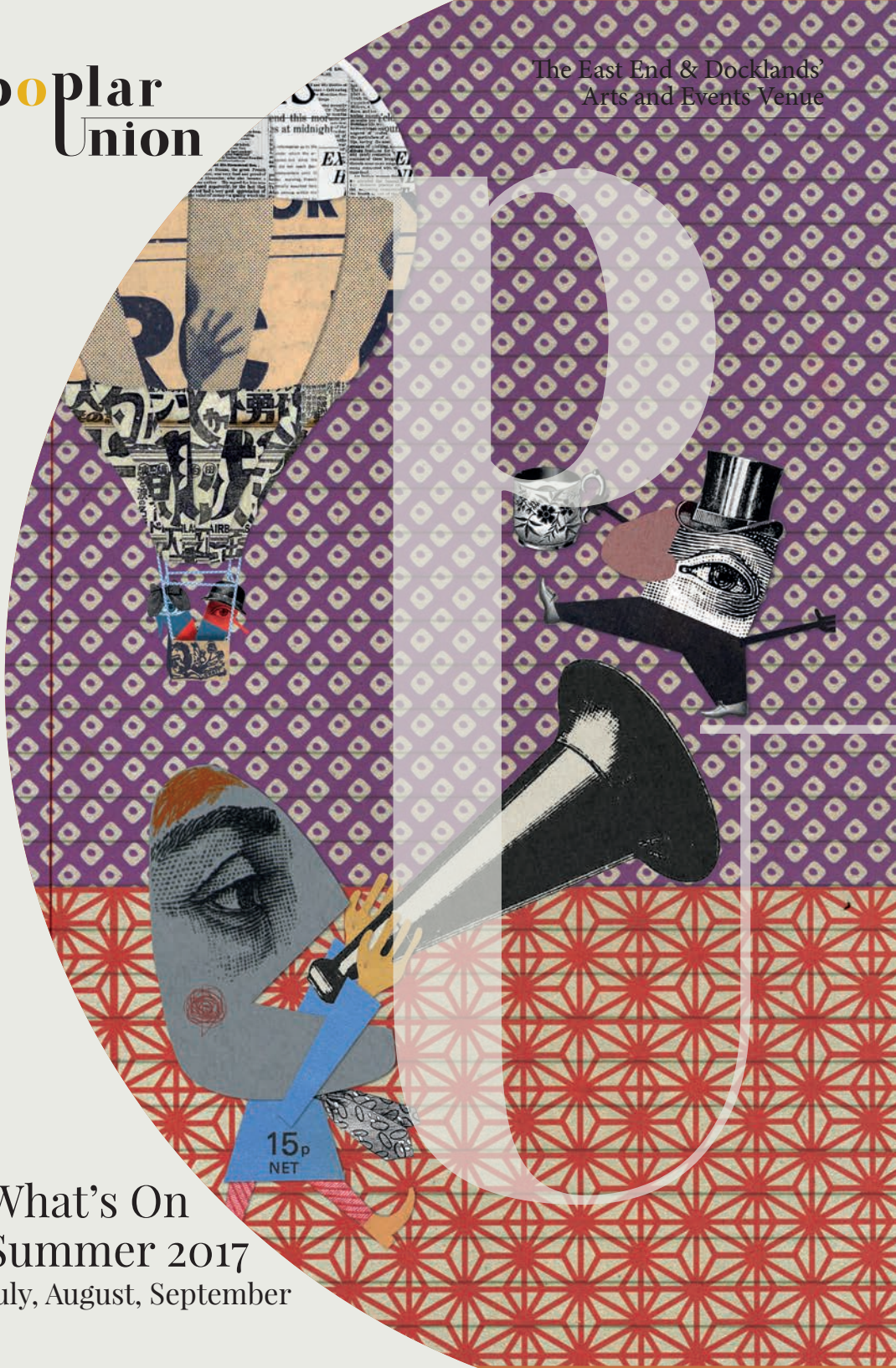


poplar
Union

The East End & Docklands
Arts and Events Venue

What's On
Summer 2017
July, August, September



Welcome to Poplar Union

Poplar Union is a new arts and events venue in East London built to showcase and nurture the untapped creativity of Poplar. We provide a communal, social and creative space that's accessible to all.

Situated between the Limehouse Cut and Bartlett Park, we offer a broad programme of family events and workshops, performances in comedy, spoken word, music, dance and theatre, waterside activities, health and wellbeing classes and much more. Through our programme, we hope to promote inspiration, develop creative skills, ignite conversation and nurture talent - all contributing to developing a real destination for the community.

Find out more at www.poplarunion.com



Classes & Workshops

Mondays 3, 10, 17, 24, 31 July, 7, 14, 21 August
4, 11 September

CREATE: LEARN: SPEAK (English Classes)

Time: 10am-12pm

Suitable for ages 16+

Tickets: FREE - booking required

A relaxed and friendly class for people looking to improve their English speaking, reading and writing confidence and ability, whilst making new friends along the way.

Sunday 16 July

Toy-Making Workshop

with Maud Barrett

Time: 1pm-4pm

Suitable for ages 6+

Tickets: £3

Give old garments and textiles a new lease of life in this fun arts & crafts workshop. Design and make cuddly soft toys for our café's toy box! Bring along unwanted clothing, fabric and materials and get creative! All abilities welcome.

Mondays 7, 14, 21 August, 4, 11, September

Homemade Essential Oils Workshop

with Hawa Khan

Time: 12pm-2.30pm

Suitable for ages 16+

Tickets: £3 (or pay what you can afford)

Make your own oils, scrubs and body creams every Monday with Hawa Khan and create your own recipe book!

Sunday 17 September

Textiles, Crafts & Upcycling:

Jewellery Making

with Maud Barrett

Time: 1pm-4pm

Suitable for ages 16+

Tickets: £5 / £3 conc.

Local textile artist, Maud Barrett, will host this jewellery making workshop where you can design and make your own stylish summer accessories using upcycled textiles, beads and ribbon. Suitable for all abilities.



Box Office: boxoffice@poplarunion.com • 020 3039 3330

Community

Monday 3, 10 July (Young People's Group)

Thursday 6, 13 July (Men's Group)

Friday 7, 14 July (Women's Group)



Open Mind: Workshops

Time: Young People's Group: 4pm-5.30pm

Men & Women's Groups: 5.30pm-7pm

Suitable for: Young People: 14-18, Men & Women: 18+

Tickets: FREE - booking required

Share stories to begin conversations and break down the stigma around mental health and explore topics through storytelling and art making.

(In partnership with *Mental: Rethinking Crazy* podcast)

Thursday 20 July

Open Mind: Fundraiser

(Charity Sharing Night)

Time: 7.30pm-9.30pm

Suitable for ages 12+,

Tickets: Donations on door

(all donations will go to Mind)

Following on from the Open Mind workshops where participants of all ages worked together to use their creativity, openness and enthusiasm to break down the stigma surrounding mental health, we bring you a night of performances to help raise funds for and awareness of Mind. Donate on the door, then sit back, relax and enjoy the inspiring and empowering work from members of our community as they perform pieces devised during the workshops to get us all talking about mental health.

Tuesdays 8, 15, 22 & 29 August



NutritionElle

Time: 6.30pm-7.30pm

Suitable for ages 16+

Tickets: FREE - booking required

Learn how to lead a healthier lifestyle with these free food workshops. Based on the latest scientific research, the four sessions will offer advice on dairy, protein, cholesterol and health, which participants can apply to their daily diet.

Wednesday 28 June, 26 July, & 30 August



POP-Bingo!

Time: 6.30pm-9.30pm

Suitable for ages 18+

Tickets: £6 a booklet (10 games)

Win cash prizes at Poplar HARCA's monthly bingo night.



Box Office: boxoffice@poplarunion.com • 020 3039 3330

Music & Dance

Saturday 8 July



Saudha

Saudha presents: Melodies from Tagore: Love & Loneliness

Time: 7pm-10pm

Tickets: £10 / £8 conc.

An evening with classical Indian musician, Dr Imtiaz Ahmen from Saudha, showcasing recitals of Rabindranath Tagore's compositions with a group of acclaimed performers, including vocalist Eric Schleander, Esraj player Tirthankar Roy, Tabla player Yousuf Ali Khan, Saxophonist George Sleightholme, Violinist Alice Baron and Keyboardist Amith Dey.

"One of the prominent promoters of Indian classical music in the country."
BBC Radio, Eastern Eye, Bangla Mirror

Saturday 22 July



The London Okinawa Sanshinkai & Butoh UK

Time: 4pm-8pm

Tickets £3, 2 kids go FREE per adult

Join us for an evening of traditional Japanese folk music, Butoh dance, arts & crafts and Japanese fusion food from Hoagey Bears. An evening for the whole family!

Friday 11 August



A night of Jazz with Simon Roth + Guests

Time: 7.30pm-10pm

Tickets: £5 adv / £7 on the door / £3 conc.

Simon brings together a group of critically acclaimed jazz musicians to play classics made famous by the likes of John Coltrane, Sonny Rollins and Lee Konitz!

"A collection of rising stars on the British Jazz scene."
Jez Nelson, BBC Radio 3

"Simon Roth's drumming is always just perfect - subtle, imaginative..."
London Jazz News

Saturday 9 September

BYOB (Bring Your Own Brass)

Time: 7pm-10pm

Tickets: £5 adv / £7 on the door / £2 if you bring your own brass!

Get down to Poplar Union for an evening with BYOB, fresh from their festival tour! This brass band has a flair for hip-hop, pop and jazz, so expect some tasty latin, tropical flavours and a generous portion of original bass!

If you play yourself, bring along your own brass instrument in return for a discounted ticket and you'll be heartily invited to join the band for the inevitable encore!

"A London collective doing exactly what their name suggests...we're trapped dancing like fools amidst the trumpets and saxophones..."

Drowned in Sound
(Citadel Festival 2016)



Box Office: boxoffice@poplarunion.com • 020 3039 3330

Theatre & Spoken Word

Saturday 12 August



Beartuza Theatre Co. present: Night Voices

Time: 7.30pm-8.30pm

Suitable for ages 9+

Tickets: £8 / £6 conc.

Tommy's sick, but when Gaz stumbles into his room, he's presented with the opportunity of adventure.

"A wry and witty play." ★★★★★
LondonTheatre1

Thursday 28 September



Scratch, Crackle & POP

Time: 7pm-9pm

Suitable for ages 14+

Tickets: FREE

Poplar Union's scratch night, showcasing new work from writers, performers and poets.

Visit our website and apply to perform.

Deadline for applications: Thursday 31 August.

Tuesday 11 July

Octopus

written by Afsaneh Gray

Time: 7.30pm-8.35pm

Suitable for ages 14+

Tickets: £8 / £6 conc.

"You're an octopus. All mixed up, like me. One leg something, and one leg something else."

An anarchic comedy exploring race, national identity and what it means to be British.

"Inspired and very funny." ★★★★★
The Stage

"Raises the hairs on the back of your neck laugh-out-loud funny."
The Times

"Both remarkably timely and refreshingly raw."
Exeunt

"Not to be missed." ★★★★★
The Reviews Hub

Box Office: boxoffice@poplarunion.com • 020 3039 3330

Kids & Family

Thursdays 7, 14, 21, 28 September

Thursdays 5, 12, 19, 26 October



Crafty Kids with Maud Barrett

Time: 4pm-5pm

Suitable for ages 5 - 14

Tickets: £2

Turn discarded everyday items into treasures in this after school arts & crafts workshop!

Wednesdays 9, 16, 23 & 30 August



MathematicElle - Maths Workshop

Time: 10.30am-12pm

Suitable for ages 7 - 11

Tickets: FREE - booking required

Learning maths can be a slog for some, but with these fun, creative maths workshops, children can explore and play with numbers, feeling more confident in their abilities just in time for the new term!

Saturday 2 September

The Rise & The Fall

by Page One Theatre

(A work in progress)

Time: 2pm-2.45pm

Tickets: £4 per child, adults and under 2s go free

Come and explore a world of colourful balloons with dancer Stefanie Sommer. Be a part of their creative process and help them develop this new performance!



Saturday 9 September



Lights Out! Workshops with Page One Theatre

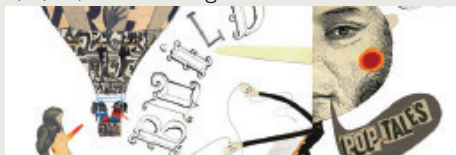
Time: 12pm-12.30pm / 2pm-2.30pm

Suitable for ages 4 - 8

Tickets: £3 per child (adults go free)

A workshop for children to come and explore the magic and mischief of night-time, where the dark is friendly and lights come to life!

Wednesday 28 June, 5, 12, 19, 26 July,
2, 9, 16, 23 & 30 August



POP-Tales: Build a Story Workshop

Time: 4pm-5pm

Suitable for ages 4 - 10

Tickets: £1

Inspired by a different theme each week and using interactive play, arts & crafts and drama, it's time to build a story!

Wednesdays from 5 July

Parent Baby Coffee Afternoons

Time: 1pm-3pm

Suitable for babies & toddlers

Tickets: FREE - booking not required

Welcome to our weekly coffee afternoons for local parents and guardians. Enjoy a cup of coffee while the little'uns play with our stimulating soft-play toys and colourful books!



Box Office: boxoffice@poplarunion.com • 020 3039 3330

Health & Wellbeing

Mondays 3, 10, 17, 24, 31 July, 7, 14, 21 August & 4, 11 September

Zumba

with Talia Huamantincó

Time: 6.30pm-7.30pm

Suitable for ages 14+

Tickets: £3

Get active at Poplar Union's Zumba classes!

Wednesdays 5, 12, 19, 26 July, 2 August, 6, 13, 20, 27 September & 4 October

Humble Warriors Yoga

Time: 7pm-8pm

Suitable for ages 16+

Tickets: £5 / £3 conc.

Come along, breathe and flow in our new yoga classes from Humble Warriors. Open to all abilities.

Mondays 3, 10, 17, 24, 31 July, 4, 11, 18, 25 September & 2 October

Our Parks: Circuit Training

(Women's Only)

Time: 9.30am-10.30am

Tickets: £1

Get fit this Summer for £1!

Mondays 27 June, 4, 18, 25 July, 1, 15, 22, 29 August & 5, 19 September

Moves Back East with Jane Belshaw:

Movement & Dance Class

Time: 7.30pm-9.30pm

Suitable for ages 16+

Tickets: £15, £10 for E14 residents (other concessions available) - Pay on the door

Release your inner dancer with Jane Belshaw's 5 Rhythms movement workshop. Open to all abilities.

Fridays 9, 16, 23, 30 June, 7, 14, 21, 28 July 4, 11, 18, 25 August, 1, 8, 15, 22, & 29 September

Toddler Yoga with Alice Panascia

Time: 10.30am-11.30am

Suitable for ages 9 - 24 months

Tickets: £6 per session, £25 for 5 weeks

Toddler Yoga seeks to support the wellbeing of the adult and the healthy development of the child through stimulating poses and playful interaction.



Box Office: boxoffice@poplarunion.com • 020 3039 3330



Corporate Events

Moo Canoes offer team days out & partys on the water, as well as canoe hire & evening tours from Poplar Union. Prices from £15.50pp.



Community Canal Clean-ups

Get stuck in with Poplar Union & Moo's monthly litterpicks! Drop in from 5.30pm-8.30pm: 29th May, 26th June, 31st July, 28th August.

hello@moocanoes.com

www.moocanoes.com

07879 909423



Poplar Kayak Polo Club

A fast-paced, full-contact team game! The club is currently under construction, with training sessions beginning in August - watch this space!



Paddleboarding Sessions & Cruises

Youth & adult lessons and trips available on Fridays, from 26th May. Visit poplarunion.com to find out more and book a place.

Tickets: 12-18's £5, Adults £10, Cruise £20

[@moocanoes](https://www.instagram.com/moocanoes)

[#moocanoes](https://www.instagram.com/moocanoes)





Poplar Union's Café

June - August opening hours

Mon - Fri: 10.30am-5.30pm

Evening and weekend offer coming soon!

f t i / @poplarunioncafe

Opportunities

Volunteer at Poplar Union

We are always looking for great volunteers to lend a hand at Poplar Union.

Contact us for more details:

volunteer@poplarunion.com | 020 3039 3333

Artist Call Out!

We're looking for writers, performers and poets in the early stages of development to showcase their work at our new scratch night, Scratch, Crackle & POP!

Visit our website to find out more and to apply (Deadline: Thursday 31 August, 2017).



Contact

info@poplarunion.com • 020 3039 3333 • www.poplarunion.com

Hire

Our studio and meeting rooms are available to hire. Visit our website for details or contact us for a hire pack: hire@poplarunion.com

Poplar Union

2 Cotall St, Poplar,
London, E14 6TL

How to get here:



By DLR:
Westferry (11-minute walk),
Langdon Park (12-minute walk),
All Saints (16-minute walk), Poplar
(16-minute walk)



By National Rail:
Limehouse (17-minute walk)

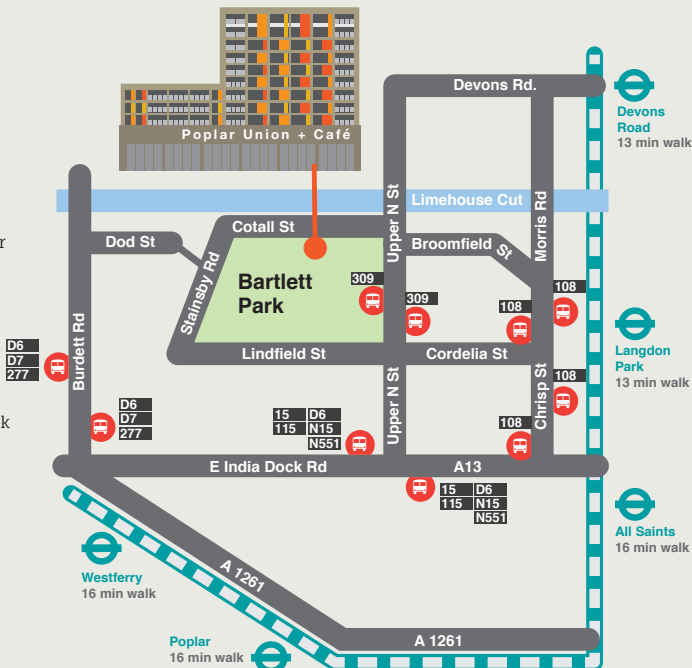


By bus:
309 (stops H & A, Broomfield
Street); 277,
D6 & D7 (stops WP & WQ, Pixley
Street) or W0 & WR, East India Dock
Road;
108 (Chriss Street, Fawe Street)



Santander Cycles:
There is a docking station on
Stainsby Road, right next to
Poplar Union.

Access:
Poplar Union has full disabled
access throughout the site,
including toilet facilities and
disabled parking.



f t i / @poplarunion



STAMP

HARCA

