

poplar
Union

WHAT'S ON

2019

July • August • September



- Classes & Workshops
- Theatre & Film
- Music & Dance
- Comedy & Spoken Word
- Kids & Family
- Neighbourhood
- Health & Wellbeing

WELCOME TO POPLAR UNION

The nights are getting longer, the days warmer and the Central Line stickier. This can only mean one thing- Summer is finally here! As well as launching our Summer programme, there are a few changes and opportunities to let you know about!

This season, we'll see the completion of the brand new and rather beautiful children's play park on Bartlett Park just outside Poplar Union's front door! Perfect for little ones to play safely while their grown-ups enjoy a coffee and a cake on the e5 Roasthouse patio. Keep an eye out for the latest developments of the park via the Tower Hamlets website.

In June, Poplar Union became the official home of Danielle Teal's Dancing with Parkinson's Company, increasing resources for dancers with Parkinson's and bringing visibility and opportunity to the Parkinson's dancer. We will be presenting a public sharing of the company's work in July so check out the website for further information.

Speaking of dance, we have a whole host of events that'll get you moving this Summer, from Chicken Shack's new jive classes to an array of Carnival celebrations. We'll be celebrating Pride with film screenings and comedy fundraisers, plus we'll be launching a whole host of new classes for adults and children to get involved in.

We've just launched a new membership for Poplar HARCA residents, entitling members to lots of discounts and offers. Find out more and how to apply on our website.

If you like the sound of what we've got going on at PU and would like to get involved, we're currently on the lookout for new members to join our board. This is a voluntary role but is a great way to be more active in your community and work alongside the team at Poplar Union to improve and shape what we do. To express your interest, drop me an email: beth@poplarunion.com

Have a wonderful Summer!

Beth Watton
Artistic Director



FIND OUT MORE

www.poplarunion.com

Contact us

☎ 020 3039 3333

✉ info@poplarunion.com

FOLLOW US

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OUR PARTNERS



STAMP **HARCA**

e5 Roasthouse at Poplar Union

Serving breakfast and lunch, a selection of pastries & cakes, and e5 Bakehouse sourdough. **Late opening every Friday** night for Live in the Library, serving sourdough wood-fired pizza, craft beer and wine. The large terrace on Bartlett Park is open during the Summer months.

For information about e5 breadmaking and cookery courses, visit e5bakehouse.com/classes or call 020 85252 890

Twitter Facebook Instagram @e5roasthouse



Classes & Workshops

Art Class

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Tuesdays 2 July – 24 September

Time: 1pm-3pm

Suitable for ages 18+

Price: £3

Learn new skills and techniques, including portraiture, landscape painting and still life, in this relaxed and sociable art class.

Evening Art Class

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Wednesdays 10 July – 25 September

Time: 6.30pm-8.30pm

Suitable for ages 18+

Price: £5

Learn to draw, paint and look with our new evening art class. This is a chance to explore your creativity, discover different mediums and learn to capture a range of subjects in a relaxing, supportive and social environment.

CREATE AND MAKE

Sew Thrifty
with Maud Barrett

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Sew **THRIFTY**

Give old garments and textiles new lease of life, in our Sew Thrifty sewing workshops. All abilities welcome.

Time: 1pm-4pm

All abilities welcome

Price: £10 / £8 conc.

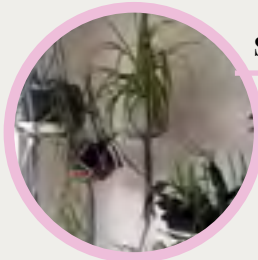
Sunday 28 July

Cushion Cover



Sunday 29 September

*Simple Macrame
Plant Hanger*



MOVE AND PLAY

50's Rock'n'Roll Jive Classes

with The Chicken Shack



Wednesdays 3 July - 25 September

Time: 6pm-7.30pm
Suitable for ages 16+
Price: £5

The Chicken Shack team will be teaching you how to jive to the best of rockabilly. No experience or partners necessary, just grab your dancing shoes and drop in!

BOTH Dance Sessions



Thursday 4 July & 5 September

Time: 6.30pm- 9.30pm
Suitable for ages 16+
Price: £15 / £10 conc.

BOTH is the teaching initiative of Beatrice Ghezzi and Orley Quick, two London-based dance artists. These classes draw from contemporary dance, ballet, improvisation and yoga, and are for adult learners with previous dance experience.

Classes & Workshops

Dendê Bloco Percussion Workshops



Sundays 21 July – 29 September

(No session 25 August & 8 September)

Time: 4pm-6.30pm
Suitable for ages 11+
Price: £10 per session

Summer heats up with Carnival preparations - come join Dendê Nation and learn Afro-Brazilian percussion with Mac and crew.

On **Sunday 18 August**, Samba Reggae Bloco will be preparing for Notting Hill and Hackney Carnival so join them in a fun costume making session, and have a dance too! Free to attend.

Tabla Lessons



Wednesdays 11 September – 2 October

Suitable for ages 7-21
Times & Prices:
6pm-7pm: Group lesson
(4 people max) - £5 each
7pm-7.30pm: 1-2-1 lesson - £10 a lesson
7.30pm-8pm: 1-2-1 lesson - £10 a lesson

Learn to play the tabla with professional tabla player, Yousuf Khan, covering everything from rhythm to syllables.

Fringe Previews

Book both shows on the same night for just £16 / £12 conc.!

Thursday 18 July

7.30pm-8.30pm



Jodie Irvine presents:

Gobby

Suitable for ages 14+

Price: £9 / £7 conc.

Five parties. One big mouth. A biting and heartfelt odyssey about what it really means to be loud.

8.45pm-9.45pm



Fiona Clift presents:

How to be Alone

Suitable for ages 14+

Price: £9 / £7 conc.

A celebration of the monologue and monologue artist Janice Bruce McHeath.

Thursday 26 September

7.30pm-8.30pm



Joel O'Donoghue presents:

Treasure and Tat

Suitable for ages 5+

Price: £9 / £7 conc.

Treasure and Tat is a dance piece investigating how loss of memory can change someone's sense of identity and connection to society.

8.45pm-9.45pm



Starbound Theatre &

Lights Down Productions present:

The Net

Suitable for ages 12+

Price: £9 / £7 conc.

The Net is an all-female ensemble telling the story of tackling border conflicts, war, and finding home. Set in a "nowhere land" a grandmother and her granddaughter are tasked with patching a hole in the border.

Pride Film Screening: A Fantastic Woman



Saturday 20 July

Dir. Sebastián Lelio, 2017

Time: 7.30pm-9.15pm

Cert. 15

Price: Free (donations on the door go to East London Out Project)

Marina, a transgender woman who works as a waitress and moonlights as a nightclub singer, fights for her rights and her identity following the death of her boyfriend.

Scratch, Crackle & POP! Late Bloom Edition



Thursday 29 August

Time: 7pm-9pm

Suitable for ages 14+

Price: Free entry

Poplar Union's scratch night showcasing new work from writers, performers and poets. This season, the night will be hosted by Canary Wharf's Crossrail Roof Garden, opening its annual Late Bloom Festival! Visit our website to find out more and to apply to perform.

(Deadline for applications: Sunday 4 August)

Comedy & Spoken Word

LGBTQ+ Comedy Fundraiser

Wednesday 3 July

Time: 7.30pm-9.30pm

Suitable for ages 16+

Price: £5 recommended donation

(all proceeds going to ELOP)

It's LGBTQ+ Pride Month and we are proud to offer a night of raucous comedy from some of London's finest LGBTQ+ comedians to raise money for the East London Out Project!



Music & Dance

SoulMama Sessions

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**Sunday 14 July,
Saturday 17 August & 14 September**

Time: 7.30pm-10pm

Suitable for ages 18+

Price: £8 / £6 conc. / £10 OTD

SoulMama Sessions is an open mic night dedicated to art, sharing, music, brotherhood and sisterhood in the name of community healing. Everyone welcome.

Miss Trendee and DJ Hope's Carnival Warmer!

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Saturday 3 August

Time: 7.30pm-11pm

Suitable for ages 16+

Price: £5 / £7 OTD

Miss Trendee and DJ Hope curate an evening of sweet Afrobeats and summer tunes, the perfect warmer for Carnival season!



LYN

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Saturday 10 August

Time: 7.30pm-10.30pm

Suitable for all ages

Price: £5 / £7 OTD

Make way for the fresh yet seasoned voice of British Female Reggae, as local artist LYN takes centre stage.

LYN Gerald, AKA LYN, has been honing her skills as a singer for many years. Her vast credentials include having worked as a backing singer for artists including Womack and Womack, Luciano and Sylvia Tella, whilst also collaborating with Massive Attack's Shara Nelson.

Support from Remé.

Mishti Dance #5



Saturday 31 August

Time: 7pm-11pm

Suitable for ages 18+

Price: £10 / £8 conc. / £12 OTD

Mishti Dance is back with jam-packed performances inspired by the Asian Underground.

Line up: Sheema Mukherjee (feat.
Transglobal Underground)
Shareefa Energy
Bolly Ditz Dolly
King Kaan
DJ Isuru

Chicken Shack Dance Night



Saturday 7 September

Time: 7.30pm-10.30pm

Suitable for ages 16+

Price: £8 / £6 conc. / £10 OTD

Chicken Shack bring Rock'n'Roll back to the East End of London with a dance night like no other! Expect live music and a heck of a lot of dancing!

Saudha: Bangla Music Festival



Saturday 21 September

Time: 7.30pm-10.30pm

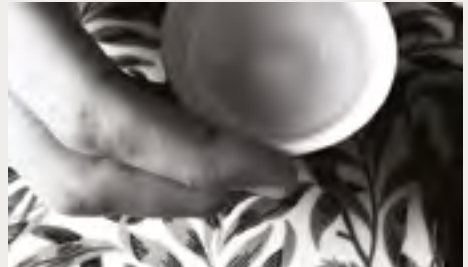
Suitable for all ages

Price: £5 / £7 OTD



Saudha bring the divine melodies of Tagore, the haunting lyrics of Nazrul and the beauty of semi-classical Bengali music.

QT - Tea in Between



Saturday 28 September

Time: 7.30pm-10.30pm

Suitable for ages 16+

Price: £8 / £6 conc. / £10 OTD

A little quality time for the ear. Join us for an evening of sound, music and spoken word, with tea in between. Featuring Detta Danford on shakuhachi, poet Jack Miguel and cellist Natasha Zielazinski.

QT is an experiment in listening - an attempt to find a slow and quiet space in which people can listen, let their minds wander, and talk over tea.

Weekly Classes	Time	Age	Date	Pg
Art Class	1pm-3pm	18+	Tuesdays 2 July - 24 Sept	3
Evening Art Class	6.30pm-8.30pm	18+	Tuesdays 2 July - 24 Sept	3
Jive Workshop	6pm-7.30pm	14+	Wednesdays 3 July - 25 Sept	4
Percussion workshop	4pm-6.30pm	11+	Sundays 21 July - 29 Sept (no session on 25 August - 8 September)	4
Tabla Group Lessons	6pm-7pm	7-21	Wednesdays 11 Sept - 2 Oct	4
Tabla 1-2-1 Lessons	7pm-7.30pm	7-21	Wednesdays 11 Sept - 2 Oct	4
Tabla 1-2-1 Lessons	7.30pm-8pm	7-21	Wednesdays 11 Sept - 2 Oct	4
Social Dancing	1pm-3pm	16+	Mondays 1 July - 23 September	17
Universal Choir	6.30pm-8pm	16+	Fridays 6 September - 11 October	18
Sensory Exploration	10am-10.40am	0-1	Tuesdays 2 July - 24 September	14
Kids Drama Club	4pm-5pm	7-12	Tuesdays 2 July - 24 September	14
Street Dance	4pm-5pm	5-16	Mondays 2-30 September	15
Children's Choir	4.15pm-5.45pm	7-11	Tuesdays 10 September-10 October	15
Zumba	6.30pm-7.30pm	16+	Mondays 1 July - 30 September	16
Feel Good Flow Yoga	7.30pm-8.30pm	16+	Mondays 1 July - 30 September	16
5 Rhythms	7.30pm-9.30pm	16+	Tuesdays 2 July - 24 September	16
Morning Pilates	9.30am-10.30am	16+	Fridays 5 July - 27 September	16
Toddler Yoga	10.45am-11.45am	1-4	Fridays 5 July - 27 September	16
Kenshukai Karate	10am-12am	5+	Saturdays 6 July - 28 September	16
Capoeira	7.30pm-9pm	16+	Wednesdays 4 - 25 September	16

Excluding bank holidays

Date	Time	Event	Pg	Date	Time	Event	Pg
July							
Wed 3	11am	Embroidery Workshop	17	Wed 17	11am	Embroidery Workshop	17
	7.30pm	LGBTQ+ Comedy Fundraiser	6	Thu 18	7.30pm	Gobby	5
Thu 4	10.30am	Tower Hamlets Family Meet-Up	17		8.45pm	Working Classy Women	5
	6.30pm	BOTH Dance Session	4	Fri 29	7pm	Live in the Library	11
Fri 25	7pm	Live in the Library	11	Sat 20	7.30pm	A Fantastic Woman	10
Sat 6	10.30am	Wrap a Hug	12	Sun 21	10am	Pregnancy Pop-Up	17
Fri 12	4pm	Umrao Jaan. Circle of Light	14	Sun 28	1pm	Sew Thrifty: Cushion Covers	3
Sat 13	11pm	POP-Skill Swap	17	Wed 31	11am	Embroidery Workshop	17
Sun 14	7.30pm	SoulMama Sessions	7		10.30am	LGBTQ+ Coffee Morning	17
August							
Thu 1	10.30am	Tower Hamlets Family Meet-Up	17	Fri 16	7pm	Live in the Library	11
Fri 2	7pm	Live in the Library	11	Sat 17	11am	Kids Carnival Costume Making	13
Sat 3	7.30pm	Miss Trendee and DJ Hope	7		1pm	POP-Corn Presents: Rio	13
Fri 9	7pm	Live in the Library	11		7.30pm	SoulMama Sessions	7
Sat 10	11am	POP-Skill Swap	17	Sun 18	1pm	Dende Nation's Carnival Warm-Up	3
	7.30pm	LYN	7	Mon 19- Fri 23	1pm	South Asian Music Summer Course	13
Sun 11	12pm	Kids Hack Day	13	Fri 23	7pm	Live in the Library	11
Mon 12- Fri 16	10am	East London Children's Choir	13	Wed 28	11am	Embroidery Workshop	17
Wed 14	11am	Embroidery Workshop	17	Fri 30	7pm	Live in the Library	11
	2pm	Summer Tea Dance	18	Sat 31	7pm	Mishti Dance #5	8
September							
Sun 1	11am 2pm	Moulded Theatre: Swish!	14	Mon 16	7pm	Sunny Jar: Waste-Free Living	18
Thu 5	10.30am	Tower Hamlets Family Meet-Up	17	Fri 20	7pm	Live in the Library	11
	6.30pm	BOTH Dance Session	4	Sat 21	7.30pm	Bangla Music Festival	8
Fri 6	7pm	Live in the Library	11	Sun 22	11am 2pm	Tiny Light Theatre: POP!	15
Sat 7	7.30pm	Chicken Shack Dance Night	8	Mon 23	6.30pm	Poplar Poets	18
Mon 9	6.30pm	Poplar Poets	18	Wed 25	10.30am	Tower Hamlets LGBTQ	17
Wed 11	11am	Embroidery Workshop	17		11am	Embroidery Workshop	17
Fri 13	7pm	Live in the Library	11	Thu 26	7.30pm	Treasure and Tat	5
Sat 14	10.30am	Wrap a Hug	?		8.45pm	The Net	5
	11am	POP-Skill Swap	17	Fri 27	7pm	Live in the Library	11
	7.30pm	SoulMama Sessions	7	Sat 28	7.30pm	QT - Tea in Between	8
				Sun 29	1pms	Sew Thrifty: Macrame Plant Hanger	3

LIVE IN THE LIBRARY

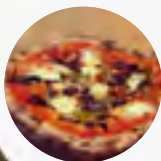
FREE

FRIDAY NIGHT MUSIC

From 6pm

Poplar Union and e5 Roasthouse join forces
every Friday night for Live in the Library,
a night of live music and pizza!

For full gig listing visit www.poplarunion.com



Why not pre-order a pizza & drink
for just £10 when booking your free
tickets to Live in the Library online!





Wrap a Hug Sling Library

Monthly Saturday Sessions at Poplar Union 10.30am-1pm

Bookings at mel.wrapahug@gmail.com or 07916349685

Dancing with Parkinson's Company



Danielle Teale Dance is proud to announce the launch of the Dancing with Parkinson's Company in partnership with Poplar Union. This summer join the DwP Company and take part in the Collective Identity (CID) Project.

Find out more at: danielleteale.com/dancing-with-parkinsons

poplar
Union



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ENGLAND**

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CHANGE ATTITUDES.
FIND A CURE.
JOIN US



SUMMER HOLIDAY ACTIVITIES



Kids Hack Day



Sunday 11 August

Time: 12.30pm-3pm

Suitable for ages 5+

Price: Free (book for children only)

Kids Hack Day is a global creative tech event where kids can build, code, engage in challenges and play freely.

East London Children's Choir Summer Club

Monday 12 – Friday 16 August

Time: 10am-12pm

(informal concert at 1pm on Friday)

Suitable for ages 7-11

Price: £20 for the week course

Join East London-based musical director, Jonathan Pease, in this fun-filled children's choir course this summer holiday, working towards an informal concert on Friday afternoon.

Kids Carnival Costume Making

with Mia Harris

Saturday 17 August

Time: 11am-12.30pm

Suitable for all ages

Price: £5 / £3 conc. (adults go free)

Kids, friends and families, come together and get crafty at this carnival costume making workshop!

South Asian Music Summer Course

Monday 19 – Friday 23 August

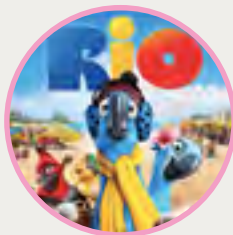
Time: 1pm-4pm

(informal concert at 4pm on Friday)

Suitable for ages 7-21

Price: £20 for the week course

Spend a week learning the rhythms and melodies of music from Bangladesh, India and Pakistan with tabla player Yousuf Khan and singer Mahamaya Seal.



POP-Corn presents: Rio

Saturday 17 August

Time: 1pm-2.30pm

Cert. U

Price: Free (book for both adult and child)

Dir. Carlos Saldanha (2011)

Join us for a special Carnival edition of POP-Corn presents, screening family adventure animation, Rio!

Kids Drama Club!

with Moth Physical Theatre!



Tuesdays 2 July – 24 September

Time: 4pm-5pm

Suitable for ages 7-12

Price: £3

Calling all 7-12 year olds! Want to try drama but too scared to step on the stage? Fear no more! Join actor and teacher, Charlie Irwin, in these fun-filled drama sessions which seek to develop skills and build confidence for young actors.

Sensory Exploration Sessions

with FEEL Theatre



Tuesdays 2 July – 24 September

Time: 10am-10.40am

Suitable for 0-crawling

Price: £5 / £3 conc. (parent & baby)

Explore textures, smells, tastes, colours and light in these warm and welcoming sensory play sessions.

Kids & Family

Tamarind Theatre Co. & Mukul And Ghetto Tigers present:

Umrao Jaan – Circle of Light

(Work in Progress Sharing & Q&A)



Friday 12 July

Time: 4pm-5pm

Suitable for all ages

Price: Free

A work-in-progress sharing, performed in a vibrant mix of languages including English, Urdu and Hindi, inspired by the story of the famous courtesan dancer poet, Umrao Jaan.

Moulded Theatre Company present:
Swish



Sunday 1 September

Time: 11am-12pm | 2pm-3pm

Suitable for ages 1-6 & complex needs audiences

Price: £7 / £5 conc. per child |
£5 per adult

Swish is a playful, multi-sensory exploration of life underwater and the positive ways in which we can reduce plastic in the ocean.

Street Dance

with Jana Karaikoza



Mondays 2 - 30 September

(excluding bank holidays)

Time: 4pm-5pm

Suitable for ages 16 and under

Price: £3

Ever wanted to learn street dance? Then join dance teacher, Jana Karaikoza, in these weekly after school classes to explore hip-hop foundations and grooves, as well as developing rhythm and improving coordination.

East London Children's Choir



Tuesdays 10 September - 1 October

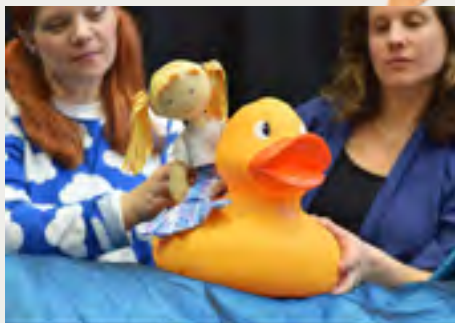
Time: 4.15pm-5.45pm

Suitable for ages 7-11

Price: £3

Join musical director, Jonatham Pease, and sing your heart out every week in this new children's choir!

Tiny Light Theatre present:
POP!



Sunday 22 September

Time: 11am-11.35am | 2pm-2.35pm

Suitable for ages 0-3

Price: £5 per adult / £3 per baby

Tiny Light Theatre is back with another gentle theatre show for under 3s. This time, join Ebb and Flo on a bubbly bath-time adventure with magic, mischief and music!

Zumba

with Talia Huamantincio

Mondays 1 July – 30 September

(excluding bank holidays)

Time: 6.30pm-7.30pm

Suitable for ages 16+

Price: £3

Get active in these weekly Zumba classes!

Feel Good Flow Yoga

with Eve Veglio-White

Mondays 1 July – 30 September

(excluding bank holidays)

Time: 7.30pm-8.30pm

Suitable for ages 16+

Price: £5 / £3 conc.

Come as you are, with whatever yoga experience you have, to this weekly Feel Good Flow Yoga class.

5 Rhythms Dance & Movement

with Jane Belshaw

Tuesdays 2 July – 24 September

Time: 7.30pm-9.30pm

Suitable for ages 16+

Price: £15, £10 for E14 residents

(other concessions available)

Release your inner dancer with Jane Belshaw's 5 Rhythms movement workshop. Open to all abilities.

Morning Pilates

with Fabiola Della Gatta

Wednesdays 5 July – 27 September

Time: 9.30am-10.30am

Suitable for ages 16+

Price: £5 / £3 conc.

Find your balance between toning and strengthening for greater alignment in this morning Pilates class. A great way to relieve tension in the upper back, neck and hip flexors.

Toddler Yoga

with Eleonora Fusali / Alice Panascia

Fridays 5 July – 27 September

(excluding bank holidays)

Time: 10.45am-11.45am

Suitable for ages 1-4

Price: £6 / £25 for block of 5 sessions

Toddler Yoga seeks to support the wellbeing of the adult and the healthy development of the child through a playful interaction between adult and baby.

Kenshukai Karate

Saturdays 6 July – 28 September

Time: 10am-12pm

Suitable for ages 5+, family friendly

Price: £8 / £14 for 2 / £18 for 3 (1st class is free!)

Discover how training in the Martial Art of Karate can improve your confidence, discipline, self-defence and fitness.

Capoeira Training

with Dafne Louzioti & Emmanuel 'Mac' MacDonald

Wednesdays 4 September – 25 September

Time: 7.30pm-9pm

Suitable for all ages – all abilities welcome

Price: £7 / £5 conc. (inc. Poplar residents)

Capoeira is a martial art from Brazil combining music, dance, combat and acrobatic elements. These weekly classes are shared between qualified capoeira teachers, Dafne Louzioti and Mac MacDonald.



Neighbourhood

Social Dancing

with Henry Guest

Mondays 1 July – 23 September

(excluding bank holidays)

Time: 1pm–3pm

Suitable for ages 16+

Price: £3

This weekly social dance class gives you the opportunity to learn and practice a mixture of dance styles, including Ballroom, Latin, Sequence, and Line Dancing. A fun and friendly afternoon, where you can meet new friends along the way!

Share a Stitch

Participatory Embroidery Workshop



Wednesday 3, 17, 31 July, 14, 28 August, 11 & 25 September

Time: 11am–1pm

Suitable for ages 16+ (or accompanied by an adult if younger)

Price: Free entry but recommended donation of £5 for materials

Artist, Milou Stella from Moody Bright Designs, is inviting you to stitch with her. Share a memory, bring a photo, stitch a message to someone you love or lost. What's your story?

Tower Hamlets Family Meet-Up

in association with The Mother Side UK

Thursday 4 July, 1 August, 5 September

Time: 10.30am–12.30pm

Suitable for all ages

Price: Free

Enjoy a friendly boost of positivity to help you along your journey through pregnancy into parenthood. #ittakesavillage

POP-Skill Swap

Skill Swap

Saturday 13 July, 10 August, 14 September

Time: 11am–1pm

Suitable for all ages

Price: Free

An informal, community lead monthly skill swap for the curious and thrifty! See website for themes and facilitators.

Pregnancy Pop-Up Summer Festival

Saturday 21 July

Time: 10am–4pm

Suitable for pregnant people from 12 weeks onwards and birth partners

Price: £45 / £40 conc. - Complimentary luxury goody bag for the 1st 10 tickets sold!

Join local mums, Mel Pinet and Helen Wright, as they host this day festival of workshops, meditation, hypno-birthing and aromatherapy for expectant parents, leaving them feeling equipped for their new arrival.

Tower Hamlets LGBTQ+ Coffee Morning

Wednesday 31 July & 25 September

Time: 10.30am–12.30pm

Suitable for 16+ - LGBTQ+ Identifying & Allies

Price: Free

A safe and welcoming space open to all LGBTQ+ communities to enjoy a cuppa and a chat, and find out what's happening locally.

Summer Tea Dance

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Wednesday 14 August

Time: 2pm-5pm

Suitable for 16+

Price: £5

Don your glad rags and take a step back in time for an afternoon of sweet treats and vintage beats at Poplar Union's Summer Tea Dance! Enjoy live renditions of some of your favourite songs from the 30's to the present day and dance the afternoon away.

Sounds Universal Choir

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Fridays 6 September - 11 October

(6 week course)

Time: 6.30pm-8pm

Suitable for 16+

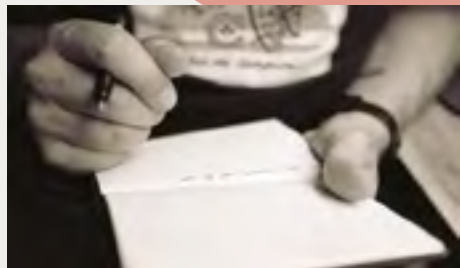
Price: £3

If you have a love of singing then come along to Poplar Union to sing world music in this 6 week choir course, facilitated by community choir leader and singer Lyn Gerald.

Neighbourhood

Poplar Poets Society

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Monday 9 & 23 September

Time: 6.30pm-8.30pm

Suitable for ages 16+

Price: Free

A relaxed and informal space for poets, lyricists and spoken word artists to come together, share and create new work and hone their poetry skills. Guided by local poet, John Warwick.



SUNNY JAR
eco hub

Introduction to Waste-Free Living

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Monday 16 September

Time: 7pm-9.30pm

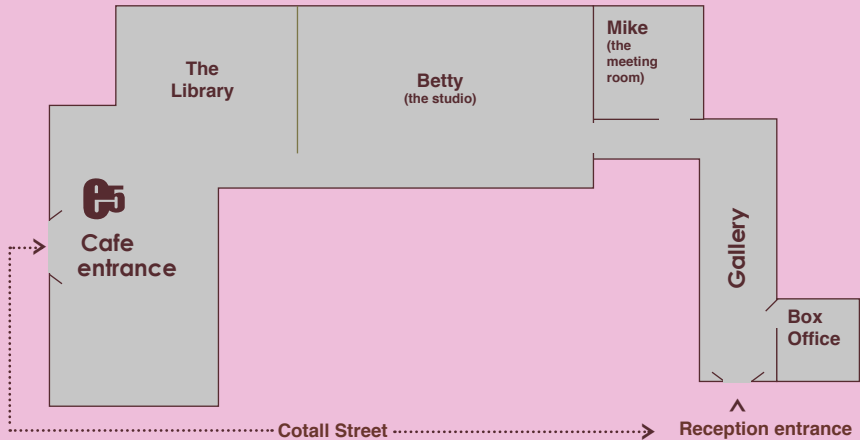
Suitable for ages 16+

Price: £15 / £12 conc.

We know that plastic has disastrous effects on our environment but what can we do about it? In this low waste introductory talk and workshop the Sunny Jar Eco Hub team, they will offer tips and tricks to help you live more sustainably.

YOUR VISIT

Find your way around Poplar Union

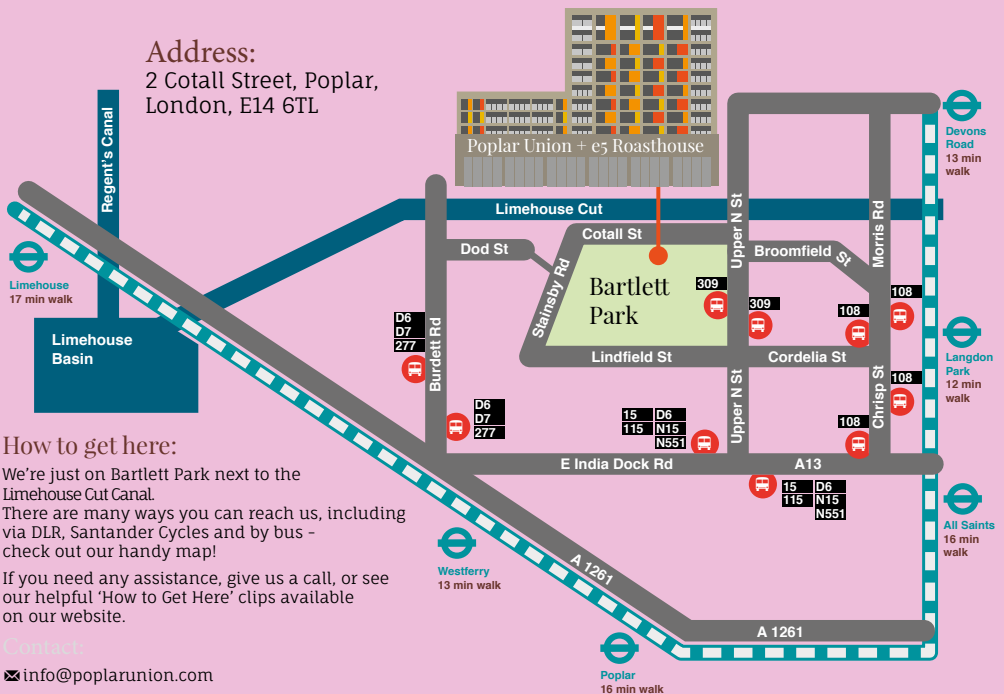


Accessibility

Poplar Union is a fully accessible venue with wheelchair access and accessible parking bays. If you require any assistance or have any questions, please call our Box Office or email info@poplarunion.com before your visit.



Address:
2 Cotall Street, Poplar,
London, E14 6TL



How to get here:

We're just on Bartlett Park next to the Limehouse Cut Canal.

There are many ways you can reach us, including via DLR, Santander Cycles and by bus - check out our handy map!

If you need any assistance, give us a call, or see our helpful 'How to Get Here' clips available on our website.

Contact:

✉ info@poplarunion.com

☎ 020 3039 3333

🌐 www.poplarunion.com

Lincoln Area Regeneration Group trading as Poplar Union
(company number 06092664 and charity number 1122590)